

IOWA LAKES COMMUNITY COLLEGE NURSING PROGRAMS

We are happy to learn of your interest in the Nursing Programs at Iowa Lakes Community College. Iowa Lakes Community College offers both Practical Nursing and Associate Degree Nursing curriculum. Your career goals will determine which program you choose to attend. You have the option of attending the full-time daytime program at the Emmetsburg campus or the part-time evening/weekend program at one of the outlying campuses.

Students are first admitted to the college in the Nursing Program General Studies track. This does not mean the student has been accepted into the Practical Nursing or Associated Degree Nursing programs. The General Studies Track allows students to strengthen their academic base while completing the application process to the Nursing Program.

The **Practical Nursing (PN)** program prepares the student to take the PN NCLEX exam and to become licensed as a practical nurse. The licensed practical nurse provides patient care under the supervision of a registered nurse or physician in hospitals, long term care facilities, physicians' offices, and home health care agencies.

The Practical Nursing program is offered as a full-time daytime option or as a part-time evening/weekend option starting in the fall semester at the Emmetsburg campus.

The Practical Nursing program consists of a three semester curriculum. Students in the full-time daytime option can complete the course of study in that time frame. Students in the part-time evening/weekend option must complete the arts and science courses prior to beginning any nursing courses, extending the length of study to four or more semesters. In addition, in the part-time evening/weekend option nursing courses may extend past the length of a traditional semester.

The **Associate Degree Nursing (ADN)** curriculum prepares the student to take the RN NCLEX exam and become licensed as a registered nurse. The licensed registered nurse provides patient care utilizing the nursing process. Registered nurses also carry out the prescribed orders of the physician in hospitals, long term care facilities, physicians' offices, home health care agencies, hospice, and other areas.

The Associate Degree Nursing program is offered as a full-time daytime option at the Emmetsburg campus or as a part-time evening/weekend option at the Spirit Lake/Spencer and Algona campuses. The full-time option has a fall and spring semester start. The part-time evening/weekend option has a fall semester start every other year starting Fall 2010.

The Associate Degree Nursing program consists of a five semester curriculum. Students in the full-time daytime option can complete the course of study in that time frame. Students in the part-time evening/weekend option may complete the arts and science courses prior to beginning any nursing courses, extending the length of study.

Associate Degree Nursing graduates may further their education by completing a **Bachelor of Science in Nursing degree (BSN)**. BSN nurses have added skills in assessing, promoting and maintaining the health of individuals and groups, and may seek practice in a variety of settings. The Nursing Program at Iowa Lakes Community College is a part of the Iowa Board of Nursing Articulation Plan for RN-BSN Nursing Education. This plan facilitates educational articulation for students among and between institutions and minimizes repetition in BSN programs of study. Representatives of RN-BSN programs at Iowa Lakes Community College are The University of Iowa and Briar Cliff University.

MISSION STATEMENT

The mission of the Nursing Program at Iowa Lakes Community College defines excellence in education by upholding the attitudes, knowledge, and skills necessary for entry level nurses in a dynamic health care system in order to prepare students in either the Practical or Associate Degree nursing role with the opportunity to progress to a baccalaureate degree nursing program.

PHILOSOPHY OF NURSING EDUCATION

The philosophy of the Nursing Program at Iowa Lakes Community College reflects the mission of the College and its commitment to providing quality lifelong learning. The Nursing Program provides education that promotes the economic development of the community by preparing graduate nurses for employment as practical or registered nurses.

We believe health is:

- Holistic encompassing physical, emotional, spiritual and cultural components
- A dynamic process
- Achieved when individuals function at their maximum capabilities
- Compromised when a health need is unmet

We believe nursing is:

- A caring profession
- An art and applied science
- Identification of health needs
- A creative and dynamic discipline
- Compassionate and empathetic
- Collaborative and interdisciplinary
- Use of effective communication skills
- An evidence based practice
- Providing safe and efficient care
- Client focused
- A profession requiring critical thinking
- Application of unique language, knowledge and skills
- Utilization of the nursing process
- A profession with the core values of honesty, integrity, respect and accountability
- A practice that functions within legal and ethical parameters

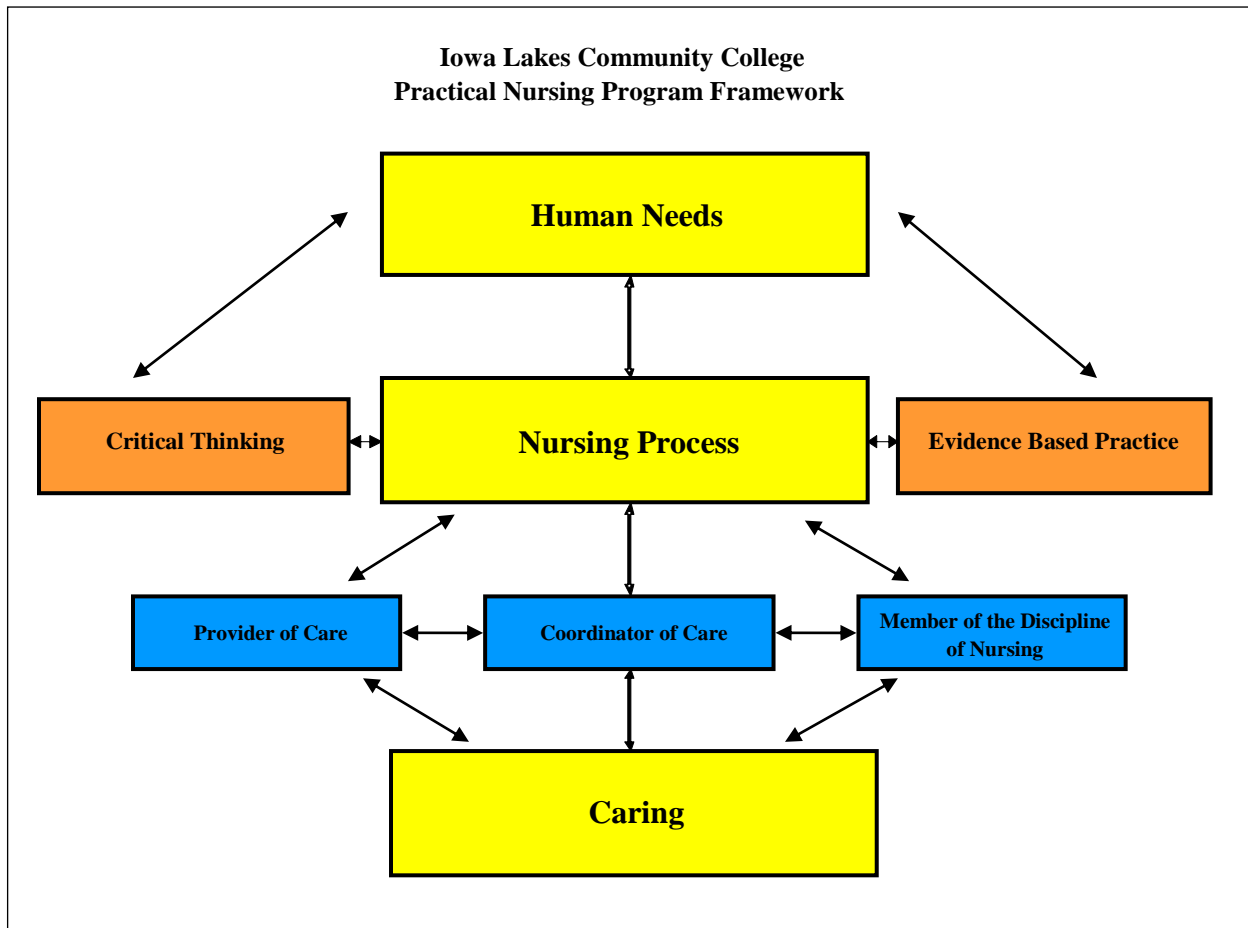
We believe nursing education:

- Is a lifelong process
- Builds on the learner's knowledge and experiences
- Requires active learner participation
- Is interactive
- Fosters critical thinking and scientific inquiry
- Involves shared accountability for learning
- Moves conceptually from simple to complex
- Correlates theory and clinical practices
- Instills the core values of nursing

Revised June 11, 2008

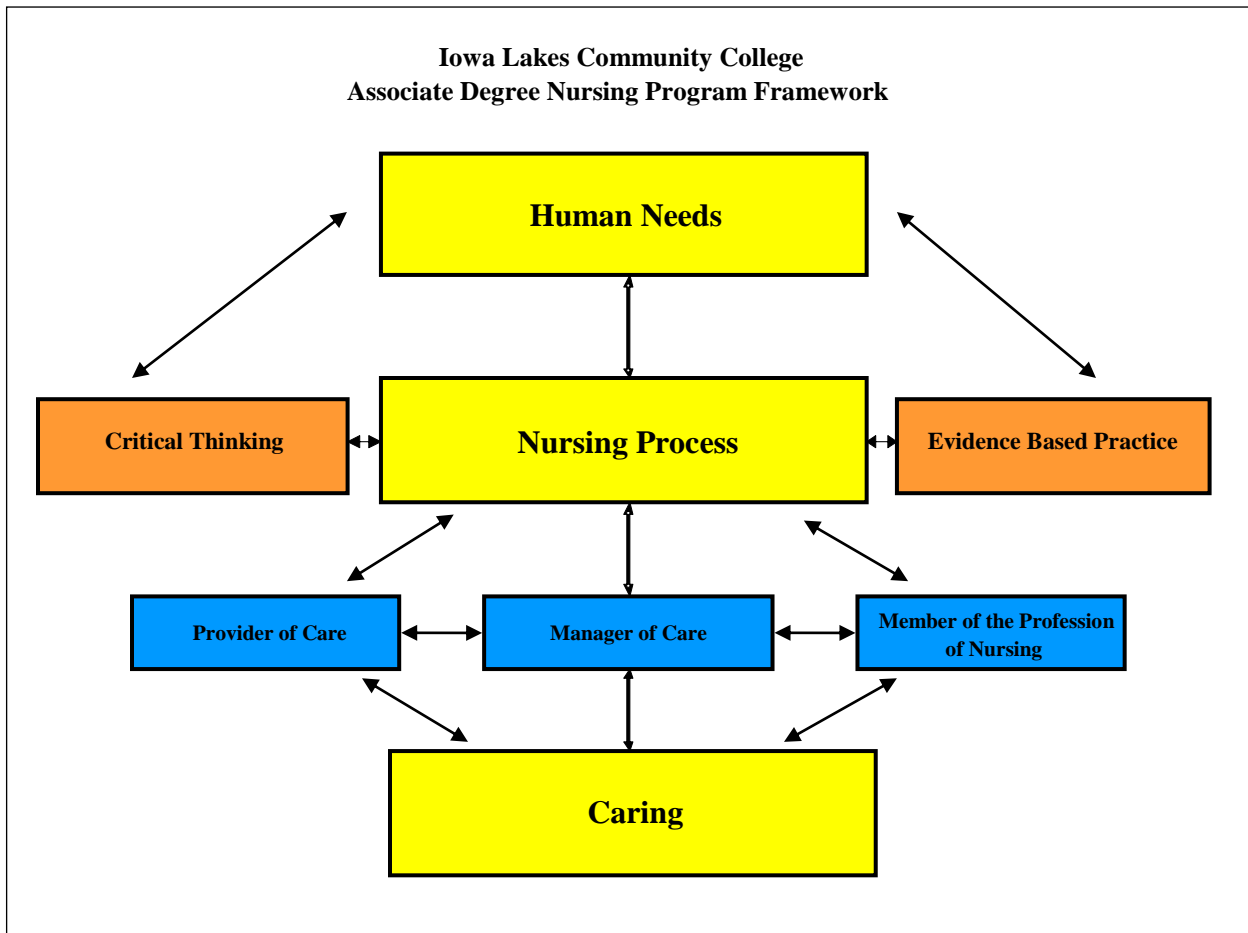
ORGANIZING FRAMEWORK OF THE PN CURRICULUM

Human needs, the nursing process, and caring are the three interrelated core concepts of the Iowa Lakes Community College nursing curriculum. Through the use of critical thinking and evidence based practice, the nurse determines and prioritizes care. The core concepts provide the framework to prepare students to function in three nursing practice roles: provider of care, coordinator of care, and member of the discipline of nursing.



ORGANIZING FRAMEWORK OF THE ADN CURRICULUM

Human needs, the nursing process, and caring are the three interrelated core concepts of the Iowa Lakes Community College nursing curriculum. Through the use of critical thinking and evidence based practice, the nurse determines and prioritizes care. The core concepts provide the framework to prepare students to function in three nursing practice roles: provider of care, manager of care, and member of the profession of nursing.



CURRICULUM CONCEPTS

Human Needs

Human needs are internal and external factors in the environment which impact an individual's health. Health involves the ability of the individual to balance physical, emotional, cultural, and spiritual needs. When this balance is disturbed, a human need may arise.

Critical Thinking

Critical thinking is a self regulatory, continual complex process which involves the ability to anticipate or solve problems using creativity, intuition, logic, and analysis.

Nursing Process

The nursing process is a systematic, multi-step, decision making approach used in selecting, organizing and delivering nursing care.

Evidence Based Practice

Evidence based practice is the method of using current nursing research and standards to deliver the most effective and appropriate nursing care.

Provider of Care

The provider of care role encompasses the practice of safe and competent care in a variety of health care settings. The nurse uses the nursing process as a basis for decision making. These decisions are characterized by critical thinking, effective communication, clinical competence, and a commitment to the value of caring.

Coordinator of Care (Practical Nursing)

The coordinator of care role involves providing or delegating direct patient care under the direction of a registered nurse. The nurse functions as a client advocate and collaborates with the health care team to promote a positive and safe organizational environment.

Manager of Care (Associate Degree Nursing)

The manager of care role involves directing, delegating, and evaluating care. The nurse functions as a client advocate and collaborates with the health care team to promote a positive and safe organizational environment.

Member of the Discipline of Nursing (Practical Nursing)

Member of the discipline of nursing role includes practicing ethically within the scope of the nurse practice act. The nurse actively engages in activities to facilitate life-long learning.

Member of the Profession of Nursing (Associate Degree Nursing)

Member of the profession of nursing role includes practicing ethically within the scope of the nurse practice act. The nurse actively participates in professional activities and organizations to facilitate life-long learning.

Caring

Caring is the essence of nursing. The nurse displays caring behavior by recognizing and respecting all people and their individual differences.

PROGRAM OBJECTIVES

1. Prepare students to meet Iowa Lakes Community College requirements for a diploma in Practical Nursing or an Associate of Applied Science Degree in Nursing.
2. Prepare students to write the licensure examination for practical nursing and/or registered nursing.
3. Prepare students for entry level practice.
4. Meet Iowa Board of Nursing accreditation standards.
5. Provide the structure that allows for articulation among educational levels from secondary through BSN.
6. Assist students in growth toward optimal potential.
7. Maintain a quality program that meets student and employer needs and reflects the current health care environment.

ACCREDITATION

Iowa Lakes Community College is accredited by the Commission on Institutions of Higher Education of the North Central Association. The nursing program is approved by the Iowa Lakes Community College Board of Trustees, the State Board of Education, and the Iowa Board of Nursing.

EQUAL OPPORTUNITY STATEMENT

It is the policy of Iowa Lakes Community College not to discriminate on the basis of gender, race, national origin, creed, age, marital status, or disability or any other characteristics protected by applicable law in its educational programs, activities, or employment policies as required by Title VI and VII of the 1964 Civil Rights Act, Title IX of the 1972 Educational Amendments, Section 504 of the Federal Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990.

Inquiries regarding compliance with Title IX, Title VI Title VII, or Section 504 may be directed to Kathy Muller, Affirmative Action Officer, Iowa Lakes Community College, 19 South 7th Street, Estherville, Iowa, 712-362-0433; to the Director of the Civil Rights Commission, Des Moines, Iowa; or to the Director of the Region VII Office of Civil Rights, Department of Education, Kansas City, Missouri. A formal discrimination complaint process is published in the Student Handbook, Faculty Handbook, Board Policies, and Administrative Procedures of the college.

IOWA CORE PERFORMANCE STANDARDS FOR HEALTH CARE CAREER PROGRAMS

Iowa Community Colleges have developed the following Core Performance Standards for all applicants to Health Care Career Programs. These standards are based upon required abilities that are compatible with effective performance in health care careers. Applicants unable to meet the Core Performance Standards are responsible for discussing the possibility of reasonable accommodations with the designated institutional office. The successful student must be competent in math, be able to read and comprehend textbooks with speed and accuracy and have a strong foundation in the sciences. Before final admission into a health career program, applicants are responsible for providing medical and other documentation related to any disability and the appropriate accommodations needed to meet the Core Performance Standards. These materials must be submitted in accordance with the institution's ADA Policy.

CAPABILITY	STANDARD	SOME EXAMPLES OF NECESSARY ACTIVITIES (NOT ALL INCLUSIVE)
Cognitive-Perception	The ability to perceive events realistically, to think clearly and rationally, and to function appropriately in routine and stressful situations.	<ul style="list-style-type: none"> ● Identify changes in client/resident health status ● Handle multiple priorities in stressful situations
Critical Thinking	Critical thinking ability sufficient for sound clinical judgment.	<ul style="list-style-type: none"> ● Identify cause-effect relationships in clinical situations ● Develop plans of care
Interpersonal	Interpersonal abilities sufficient to interact appropriately with individuals, families and groups from a variety of social, emotional, cultural and intellectual backgrounds.	<ul style="list-style-type: none"> ● Establish rapport with clients/residents and colleagues ● Demonstrate high degree of patience ● Manage a variety of client/resident expressions (anger, fear, hostility) in a calm manner
Communication	Communication abilities in English sufficient for appropriate interaction with others in verbal and written form.	<ul style="list-style-type: none"> ● Read, understand, write and speak English competently ● Explain treatment procedures ● Initiate health teaching ● Document client/resident responses ● Validate responses/messages with others
Mobility	Ambulatory capability to sufficiently maintain a center of gravity when met with an opposing force as in lifting, supporting, and/or transferring a client/ resident.	<ul style="list-style-type: none"> ● The ability to propel wheelchairs, stretchers, etc., alone or with assistance as available

CAPABILITY	STANDARD	SOME EXAMPLES OF NECESSARY ACTIVITIES (NOT ALL INCLUSIVE)
Motor Skills	Gross and fine motor abilities sufficient to provide safe and effective care and documentation.	<ul style="list-style-type: none"> • Position clients/residents • Reach, manipulate, and operate equipment, instruments and supplies • Electronic documentation/ keyboarding • Lift, carry, push and pull • Perform CPR
Hearing	Auditory ability sufficient to monitor and assess health needs.	<ul style="list-style-type: none"> • Hears monitor alarms, emergency signals, auscultatory sounds, cries for help • Hears telephone interactions/ dictation
Visual	Visual ability sufficient for observation and assessment necessary in client/resident care, accurate color discrimination.	<ul style="list-style-type: none"> • Observes client/resident responses • Discriminates color changes • Accurately reads measurement of client/resident related equipment
Tactile	Tactile ability sufficient for physical assessment, inclusive size, shape, temperature and texture.	<ul style="list-style-type: none"> • Perform palpation • Performs functions of physical examination and/or those related to therapeutic intervention, e.g. insertion of a catheter
Activity Tolerance	The ability to tolerate lengthy periods of physical activity.	<ul style="list-style-type: none"> • Move quickly and/or continuously • Tolerate long periods of standing and/or sitting
Environmental	Ability to tolerate environmental stressors.	<ul style="list-style-type: none"> • Adapt to rotating shifts • Work with chemicals and detergents • Tolerate exposure to fumes and odors • Work in areas that are close and crowded • Work in areas of potential physical violence

Reviewed Summer 2009

CRIMINAL RECORD/CHILD AND DEPENDENT ADULT ABUSE REGISTRY CHECKS

Students enrolled in a nursing course with a clinical component will have Iowa criminal background and child and dependent adult abuse registry checks completed prior to beginning the nursing program. Students assigned to a clinical experience at a health care facility, home care agency or nursing home licensed by the Minnesota Department of Health will also be required to complete a Minnesota criminal background check. Students may be required to complete a federal background check if required by a specific clinical facility. Any student who withdraws from the continuous progression of program courses, regardless of reason, must complete new background and child and dependent adult abuse registry checks prior to reentry into the nursing program.

The Iowa or Minnesota Department of Human Services have the final authority in determining whether prohibition of the student's involvement in a clinical experience is warranted. If the student is rejected for participation in a clinical experience or if the student refuses to submit to the registry checks, the student will be unable to complete the clinical courses, assignments, or graduate from the nursing program. It is the student's responsibility to report any criminal, child abuse or adult abuse charges pending against his/her record.

Furthermore, in compliance with 655 Iowa Administrative Code 2.5(5), students and prospective students are hereby notified that they may not take a nursing course with a clinical component if they have:

- a. been denied licensure by the board
- b. a license currently suspended, surrendered or revoked in any U.S. jurisdiction
- c. a license/registration currently suspended, surrendered or revoked in another country due to disciplinary action

Anyone applying for an Iowa nursing license is required to complete a federal criminal background check. According to Chapter 147.3 of the Iowa Board of Nursing Code has express authority to review the felony conviction of an applicant and may deny licensure to any applicant who has been convicted of a felony, which relates to the practice of nursing. An applicant is a person who has filed an application with the Board and who possesses all of the statutory requirements for the granting of a license. Persons who have not yet completed the prerequisites for filing an application, such as completion of a course of study approved by the Board, are not applicants.

The Board has no statutory authority to review the felony conviction of a student of nursing who has neither completed the nursing program approved by the Board nor filed an application with the Board.

Board staff are not authorized to preliminarily review the felony conviction and provide information regarding action.

ADMISSION PROCESS

Admission to the Practical and Associate Degree Nursing program is on a selective basis. Because of the academic demands of a curriculum that prepares graduates to take a national licensing exam (NCLEX) and to perform safe nursing care in clinical situations, applicants must meet certain academic standards for admission. Final acceptance of the applicant into the selected nursing program is granted based on the criteria listed below. The applicant will be notified in writing of the decision.

Admission Criteria:

1. Submit formal application to Iowa Lakes Community College Nursing Program indicating Practical or Associate Degree Nursing.
2. Submit official high school transcript(s)/GED scores and college transcript(s) to Iowa Lakes Community College, Admissions Office, 3200 College Drive, Emmetsburg, IA 50536.
 - a. A high school diploma with minimum GPA of 2.5 or GED mean score of 550.
3. Basic skills assessment in writing, reading and mathematics are done with every entering student at Iowa Lakes Community College utilizing one of the following: ACT, ASSET or Compass. Based on these scores, a student may be required to take developmental courses to strengthen academic skills. These developmental courses can be taken along with other college level courses with the exception of Composition I and Math for Liberal Arts. All developmental courses must be completed before entering core nursing courses.
4. All students will be required to take the HESI A² Admission Test prior to acceptance to the nursing program. (See page 12 and 13 for HESI A² frequently asked questions.)
 - a. The minimum score for PN admission is a composite score of 70 with a minimum score of 70 in the individual Math and Reading Comprehension exams.
 - b. The minimum score for ADN admission is a composite score of 75 with a minimum score of 75 in the individual Math and Reading Comprehension exams.
 - c. Applicants may take the HESI A² exam twice.
 - d. A student must wait a minimum of 30 days and have a documented meeting with an advisor before repeating the exam.
 - e. HESI A² results are valid if taken at Iowa Lakes Community College within five years prior to beginning the nursing program.
5. A student who does not have the minimum high school GPA or GED score may be considered for admission if he/she completes Human Anatomy & Physiology I, Human Growth and Development, and Nutrition with a GPA of at least 2.5. The student is required to contact the nursing program to request a review of the student's application and transcripts when grades have been completed. The student would still have to meet the HESI A2 exam admission criteria.
6. Applicants must participate in a nursing program information/advisement session. Information will be provided about the nursing program admission and curriculum requirements.
 - a. Students can schedule information/advisement session with the Admissions Office in Emmetsburg at 800-346-6018, ext. 5212 or 712-852-5212.

7. Individuals who are licensed as a practical nurse applying to the ADN program must submit evidence of a current LPN license. If accepted into the ADN program, the student will be required to take a bridge course to facilitate transition into the ADN curriculum.
8. The application deadline is July 1st for the fall semester and December 1st for the spring semester.

Prerequisites:

1. Students are required to provide documentation that they have successfully completed and passed a state approved 75 hour Certified Nurse Aide curriculum. Challenge scores will not be accepted as proof of completion of the course. A student must be active on the Iowa Direct Care Worker Registry. Licensed Practical Nurses applying to the ADN program will not need to meet the Certified Nurse Aide prerequisite. Documentation must include:
 - a. College or continuing education transcripts
 - b. Iowa Direct Care Worker Registry card
2. Students must successfully complete two semesters of high school chemistry or a four credit college chemistry course (College Chemistry I and Lab) with a grade of C or higher.
3. Students must successfully complete one year of high school algebra or a three credit college math course (Math for Liberal Arts or higher) with a grade of C or higher.
4. Students must successfully complete a high school computer application course or a college level introductory computer course (Introductions to Computers or Computer Familiarization) with a grade of C or higher.

Transfer Courses

1. An official college transcript must be critiqued by the Registrar to assure content covered is comparable to Iowa Lakes' courses. If content is not similar, students will be required to take additional course work to meet Iowa Lakes' requirements. In order for a course to transfer into the Nursing Program curriculum, it must have been completed with a minimum grade of a "C".
2. If a student wishes to transfer to The University of Iowa BSN program and take Option 1 upon completion of the ADN program at Iowa Lakes Community College, transfer Arts and Science credits must meet the exact credit requirements of Iowa Lakes Community College.

OTHER PROGRAM REQUIREMENTS

1. Students new to Iowa Lakes Community College Nursing Program will attend a Nursing Program orientation before the beginning of either the Practical or Associate Degree Nursing programs. At this time students will meet with the nursing faculty, register for classes, and receive information about the upcoming year.
2. Students will need to provide documentation of a physical exam including record of completed and up to date immunizations prior to the start of the nursing classes.
3. Students will be required to hold a current American Heart Association Health Care Provider CPR card. **It is the student's responsibility to stay current throughout the nursing program.**

HESI A² EXAM FREQUENTLY ASKED QUESTIONS

What is the HESI A² exam?

The HESI A² is a computerized nursing entrance exam required for admission to the Nursing Program at Iowa Lakes. The HESI A² results are used to determine readiness for and success in these programs.

Are there study materials available for the HESI A² exam?

You can purchase the HESI Admission Assessment Exam Review, 2009, 2nd edition by Elsevier at the Iowa Lakes Bookstore.

What can I expect on the HESI A² exam?

You will be required to take the math and reading comprehension sections of the HESI A2 exam. The following content and length of time for testing is as follows:

Math: 50 items, 50 minutes

Test items related to math concepts required when calculating drugs and solution problems. Sub-scoring of the following categories is provided: addition, subtraction, multiplication, division; fractions and decimals; ratio and proportion; household measures; general math facts (Roman numerals, military time, etc.)

Reading Comprehension: 47 items, 60 minutes

Reading scenarios are related to health care topics.

When can I take the HESI A² exam?

The HESI A² exam can be scheduled after you have attended an advising session. To schedule an advising session call the Admissions Office at 800-346-6018 or 712-852-5212.

When should I arrive for the exam and where do I take the exam?

You should arrive 15 minutes early at the Emmetsburg campus.

What should I bring to the exam?

A photo ID is required for admission. Scratch paper and pencil will be allowed during the exam. You will have access to an online calculator.

What if I need to reschedule prior to my scheduled appointment?

All registrations are final. If you need to reschedule you must do so prior to the payment deadline. Any cancellations after the payment deadline are nonrefundable. To reschedule you need to contact the Continuing Education department at 800-252-5664 or 712-362-7231.

How will I know my results?

When you complete testing, you will receive information directing you to the HESI website where your results will be posted in 24 hours.

PRACTICAL NURSING OUTCOMES

The graduate of the practical nursing program is prepared to carry out three interrelated roles in nursing: provider of care, manager of care, and member within the discipline of nursing.

Provider of Care

1. Provides holistic care for individuals with non-complex needs in structured health care settings under supervision of a licensed health care member.
2. Utilizes basic critical thinking skills and evidence based practice in application of the nursing process to an established plan of care.
3. Demonstrates effective communication skills.
4. Displays caring behavior by recognizing and respecting all people and their individual differences.
5. Implements established teaching plans.

Coordinator of Care

1. Promotes and maintains a safe, cost-effective practice and environment for clients, self, and health team members.
2. Collaborates interdependently with health care team to facilitate effective client care and promote a positive organizational environment.
3. Displays accountable and responsible professional behavior.
4. Actively participates as a client advocate.

Member of the Discipline of Nursing

1. Applies knowledge and skills within the scope of practical nursing practice.
2. Uses legible, well-organized, and comprehensible written communication skills.
3. Demonstrates academic achievement of the practical nursing curriculum.
4. Participates in professional activities and organizations to facilitate life-long learning.

Recommended Curriculum for

Program Name: **Practical Nursing**
 Program: **Fall Entry Program**
 Credits: **42**

FRESHMAN – 1st Semester		
PN Program Requirements		Credits
BIO-168	Human Anatomy & Physiology I and Lab	4
HSC-163 BIO-151	Normal Nutrition	3
HSC-153	Concepts in Pharmacology	3
HSC-151	Dosage Calculations	1
PNN-664	Practical Nursing I	4
PNN-665	Practical Nursing I Clinical	1
Total Credits – 1st Semester		16

FRESHMAN – 2nd Semester		
PN Program Requirements		Credits
BIO-173	Human Anatomy & Physiology II and Lab	4
HSC-186 PSY-121	Human Growth & Development or Developmental Psychology	3
PNN-662	Practical Nursing II	7
PNN-666	Practical Nursing II Clinical	3
Total Credits – 2nd Semester		17

FRESHMAN - 3rd Semester		
PN Program Requirements		Credits
ENG-105	Composition I	3
PNN-663	Practical Nursing III	4
PNN-667	Practical Nursing III Preceptorship	2
Total Credits – 3rd Semester		9

Required Courses that may be Taken Prior to Admission to Practical Nursing	Courses Requiring Admission to Practical Nursing
--	--

Prerequisites:

1. Students are required to provide documentation that they have successfully completed and passed a state approved 75 hour Certified Nurse Aide curriculum. Challenge scores will not be accepted as proof of completion of the course. A student must be active on the Iowa Direct Care Worker Registry. Licensed Practical Nurses applying to the ADN program will not need to meet the Certified Nurse Aide prerequisite. Documentation must include:
 - a. College or continuing education transcripts
 - b. Iowa Direct Care Worker Registry card
2. Students must successfully complete two semesters of high school chemistry or a four credit college chemistry course (College Chemistry I and Lab) with a grade of C or higher.
3. Students must successfully complete one year of high school algebra or a three credit college math course (Math for Liberal Arts or higher) with a grade of C or higher.
4. Students must successfully complete a high school computer application course or a college level introductory computer course (Introductions to Computers or Computer Familiarization) with a grade of C or higher.

Unique Characteristics of Program:

1. Arts and Science courses may be taken prior to beginning nursing program core courses. Each semester of nursing track/core courses must be taken in sequence. These courses must be completed with at least a "C" or "P" in classroom/clinical courses to advance to the next semester of core nursing courses.
2. If a student fails to successfully complete a classroom or clinical/preceptorship course, the failed course and corresponding classroom and clinical/preceptorship course must be repeated.

ASSOCIATE DEGREE NURSING OUTCOMES

The graduate of the associate degree program is prepared to carry out three interrelated roles in nursing: provider of care, manager of care, and member within the discipline of nursing.

Provider of Care

1. Identifies health needs, plans and provides holistic care for individuals, families, and small groups in varied health care settings.
2. Utilizes critical thinking skills and evidence based practice in the initiation and implementation of the nursing process.
3. Implements therapeutic communication/interactions with individuals and small groups.
4. Demonstrates caring behavior by recognizing and respecting all people and their individual differences.
5. Identifies age specific learning needs of clients, families, and groups by initiating and implementing individualized teaching plans.

Manager of Care

1. Promotes and maintains a safe, cost-effective practice and environment for clients, self, and other health team members.
2. Independently demonstrates beginning ability to direct, delegate and evaluate.
3. Displays accountable and responsible professional behavior.
4. Actively participates as a client advocate.
5. Collaborates with the health care team to promote a positive organizational environment.

Member of Profession of Nursing

1. Applies knowledge and skills within the scope of registered nursing practice.
2. Uses legible, well organized, and comprehensible written communication skills.
3. Demonstrates academic achievement of the associate degree nursing curriculum.
4. Participates in professional activities and organizations to facilitate life-long learning.

Recommended Curriculum for

Program Name: **Associate Degree Nursing**
 Program: **Fall Entry**
 Credits: **76**

FRESHMAN – 1st Semester		
ADN Program Requirements		Credits
BIO-168	Human Anatomy & Physiology I and Lab	4
HSC-163 BIO-151	Normal Nutrition	3
HSC-186 PSY121	Human Growth & Development or Developmental Psychology	3
PSY-111	Intro to Psychology	3
ENG-105	Composition I	3
ADN-106	Success in Nursing	1
Total Credits – 1st Semester		17

FRESHMAN – 2nd Semester		
ADN Program Requirements		Credits
BIO-173	Human Anatomy & Physiology II and Lab	4
SOC-110	Intro to Sociology	3
HSC-153	Concepts in Pharmacology	3
HSC-151	Dosage Calculations	1
ADN-107	Introduction to Nursing Concepts	4
ADN-108	Introduction to Nursing Concepts Lab	2
Total Credits – 2nd Semester		17

SOPHMORE- 3rd Semester		
ADN Program Requirements		Credits
BIO-186	Microbiology	4
SPC-101	Fundamentals of Oral Communication	3
ADN-564	Basic Concepts in Medical Surgical Nursing	4
ADN-565	Basic Concepts in Medical Surgical Nursing Clinical	2
Total Credits – 3rd Semester		13

SOPHMORE- 4th Semester		
ADN Program Requirements		Credits
ADN-567	Advanced Concepts in Medical Surgical Nursing	7
ADN-568	Advanced Concepts in Medical Surgical Nursing Clinical	2
ADN-463	Mental Health Nursing Concepts	4
OR		
ADN-454	Concepts in Women’s Health	4
ADN-464	Mental Health Nursing Concepts Clinical	1.5
OR		
ADN-456	Concepts in Women’s Health Clinical	1.5
Total Credits – 4th Semester		14.5

SOPHMORE- 5th Semester		
ADN Program Requirements		Credits
ADN-590	Care of the Critically Ill or Injured Client	3
ADN-820	The Professional Nurse	2
ADN-814	Transition into Professional Nursing Practice	1
ADN-514	Care of the Aging Adult	2
ADN-515	Care of the Aging Adult Clinical	1
ADN-463	Mental Health Nursing Concepts	4
OR		
ADN-454	Concepts in Women’s Health	4
ADN-464	Mental Health Nursing Concepts Clinical	1.5
OR		
ADN-456	Concepts in Women’s Health Clinical	1.5
Total Credits – 5th Semester		14.5

Required Courses that may be Taken Prior to Admission to Associate Degree Nursing

Courses Requiring Admission to Associate Degree Nursing

Courses taken either 4th or 5th semester

Prerequisites:

- Students are required to provide documentation that they have successfully completed and passed a state approved 75 hour Certified Nurse Aide curriculum. Challenge scores will not be accepted as proof of completion of the course. A student must be active on the Iowa Direct Care Worker Registry. Licensed Practical Nurses applying to the ADN program will not need to meet the Certified Nurse Aide prerequisite. Documentation must include:
 - College or continuing education transcripts
 - Iowa Direct Care Worker Registry card
- Students must successfully complete two semesters of high school chemistry or a four credit college chemistry course (College Chemistry I and Lab) with a grade of C or higher.
- Students must successfully complete one year of high school algebra or a three credit college math course (Math for Liberal Arts or higher) with a grade of C or higher.
- Students must successfully complete a high school computer application course or a college level introductory computer course (Introductions to Computers or Computer Familiarization) with a grade of C or higher.

Unique Characteristics of Program:

- Arts and Science courses may be taken prior to beginning nursing program core courses. Each semester of nursing track/core courses must be taken in sequence. These courses must be completed with at least a "C" or "P" in classroom/clinical courses to advance to the next semester of core nursing courses.
- If a student fails to successfully complete a classroom or clinical/preceptorship course, the failed course and corresponding classroom and clinical/preceptorship course must be repeated.
- In the evening/weekend option the ADN curriculum is extended over seven semesters.

Recommended Curriculum for

Program Name: **Associate Degree Nursing**
 Program: **Spring Entry**
 Credits: **76**

FRESHMAN – 1st Semester		
ADN Program Requirements		Credits
BIO-168	Human Anatomy & Physiology I and Lab	4
HSC-163 BIO-151	Normal Nutrition	3
HSC-186 PSY121	Human Growth & Development or Developmental Psychology	3
PSY-111	Intro to Psychology	3
ENG-105	Composition I	3
ADN-106	Success in Nursing	1
Total Credits – 1st Semester		17

FRESHMAN – 2nd Semester		
ADN Program Requirements		Credits
BIO-173	Human Anatomy & Physiology II and Lab	4
HSC-153	Concepts in Pharmacology	3
HSC-151	Dosage Calculations	1
ADN-107	Introduction to Nursing Concepts	4
ADN-108	Introduction to Nursing Concepts Lab	2
Total Credits – 2nd Semester		14

SOPHMORE- 3rd Semester		
ADN Program Requirements		Credits
BIO-186	Microbiology	4
ADN-463	Mental Health Nursing Concepts	4
OR		
ADN-454	Concepts in Women’s Health	4
ADN-464	Mental Health Nursing Concepts Clinical	1.5
OR		
ADN-456	Concepts in Women’s Health Clinical	1.5
ADN-564	Basic Concepts in Medical Surgical Nursing	4
ADN-565	Basic Concepts in Medical Surgical Nursing Clinical	2
Total Credits – 3rd Semester		15.5

SOPHMORE- 4th Semester		
ADN Program Requirements		Credits
SOC-110	Intro to Sociology	3
ADN-463	Mental Health Nursing Concepts	4
OR		
ADN-454	Concepts in Women’s Health	4
ADN-464	Mental Health Nursing Concepts Clinical	1.5
OR		
ADN-456	Concepts in Women’s Health Clinical	1.5
ADN-567	Advanced Concepts in Medical Surgical Nursing	7
ADN-568	Advanced Concepts in Medical Surgical Nursing Clinical	2
Total Credits – 4th Semester		17.5

SOPHMORE- 5th Semester		
ADN Program Requirements		Credits
SPC-101	Fundamentals of Oral Communication	3
ADN-590	Care of the Critically Ill or Injured Client	3
ADN-820	The Professional Nurse	2
ADN-814	Transition into Professional Nursing Practice	1
ADN-514	Care of the Aging Adult	2
ADN-515	Care of the Aging Adult Clinical	1
Total Credits – 5th Semester		12

Required Courses that may be Taken Prior to Admission to Associate Degree Nursing	Courses Requiring Admission to Associate Degree Nursing	Courses taken either 4 th or 5 th semester
---	---	--

Prerequisites:

- Students are required to provide documentation that they have successfully completed and passed a state approved 75 hour Certified Nurse Aide curriculum. Challenge scores will not be accepted as proof of completion of the course. A student must be active on the Iowa Direct Care Worker Registry. Licensed Practical Nurses applying to the ADN program will not need to meet the Certified Nurse Aide prerequisite. Documentation must include:
 - College or continuing education transcripts
 - Iowa Direct Care Worker Registry card
- Students must successfully complete two semesters of high school chemistry or a four credit college chemistry course (College Chemistry I and Lab) with a grade of C or higher.
- Students must successfully complete one year of high school algebra or a three credit college math course (Math for Liberal Arts or higher) with a grade of C or higher.
- Students must successfully complete a high school computer application course or a college level introductory computer course (Introductions to Computers or Computer Familiarization) with a grade of C or higher.

Unique Characteristics of Program:

- Arts and Science courses may be taken prior to beginning nursing program core courses. Each semester of nursing track/core courses must be taken in sequence. These courses must be completed with at least a "C" or "P" in classroom/clinical courses to advance to the next semester of core nursing courses.
- If a student fails to successfully complete a classroom or clinical/preceptorship course, the failed course and corresponding classroom and clinical/preceptorship course must be repeated.
- In the evening/weekend option the ADN curriculum is extended over seven semesters.

GUIDELINES FOR REENTRY TO THE NURSING PROGRAMS

Students who do not progress through the curriculum on a continuous basis are considered to be a reentry student. This may include students who are unsuccessful academically or who choose to sit out one or more semesters for personal reasons.

1. A reentry student must request to return to the Nursing Program by contacting the Director of Nursing and Health Education *in writing*. The student must provide the following information:
 - a. factors resulting in the need for this reentry
 - b. identify the semester/year and campus of reentry
 - c. plan for successful completion
 - d. if a student is out for more than one semester (not including the summer semester) a new application to the college must be submitted
2. Send the above information to:
Bernadette Wise, RN, MSN
Director of Nursing and Health Education
Iowa Lakes Community College
3200 College Drive
Emmetsburg, Iowa 50536
E-mail: bwise@iowalakes.edu
3. Request for reentry will be reviewed by Director of Nursing and Health Education. A Reentry Success Planning Contract will be developed by the Success Planning Committee and the student.
4. The student must sign the contract and comply with all terms. Failure to comply with the contract will result in dismissal from the program.
5. The Nursing Program Admission Committee reserves the right to deny reentry to any student. Reentry is dependent on availability of classroom and clinical space.
6. A student may repeat each nursing course only once.
7. Students accepted to the ADN program and unsuccessful in the second semester of the core curriculum need to submit a new application to the ADN program.

GUIDELINES FOR PLACING APPLICANTS ON ACCEPTED AND ALTERNATE LIST

When the number of accepted applicants exceeds available positions in the nursing program, positions will be filled chronologically from the earliest file completion date to the latest date. File completion is defined as the date when all items are in the file. If more than one file is completed on the same date, the application date will be used in determining status. When all available positions are filled, additional accepted applicants are placed on an alternate list and may be moved into the program as positions become available. Alternates will be given priority for next entry date and automatically placed on the list.

PROGRAM GUIDELINES

Recruitment materials and practices accurately reflect the policies and functioning of the nursing program.

Nursing faculty reserve the right to remove a student from the classroom or clinical/preceptorship experience. Reasons for removal may be but are not limited to: health, performance, attendance, integrity, safety, breach of confidentiality, attitude, or unprofessional behavior. The matter will be referred to the Success Planning Committee. The committee will review the situation and make a decision with dismissal as a possibility. This decision may be appealed by the student following the Iowa Lakes Community College appeals process. The appropriate administrative personnel will be notified of the decision.

The Nursing Program Admission Committee reserves the right to deny readmission to any student determined to pose a safety risk to clients.

Current student files are located in the office of the Director of Nursing Education and Health Careers. See Iowa Lakes Community College Student Handbook for Right to Review procedure. All student files will be held for five years.

Students entering the nursing program are required to purchase a copy of the Nursing Program Student Handbook. Students will sign a statement acknowledging they are responsible for the information in the handbook.

Students are provided class and clinical schedules. Changes may occur and will be brought to the student's attention as soon as possible in advance of the experience. Clinical experiences are planned by the faculty in accordance with the curriculum objectives and based on available clinical experiences.

Each student will be considered a member of a nursing club. The purpose of the clubs is to foster professional development. Club officers are elected along with two class representatives.

Nursing students are expected to respect the rights of clients, including the right to confidentiality. Failure to do so may be grounds for dismissal from the program.

Upon completion of the program written reference information will be released to a prospective employer only upon written request of the student.

CLINICAL EXPERIENCE

A primary strength of community college nursing education is that students, early in their education, begin applying in the clinical setting what they have learned in the classroom. Clinical experiences take place at area hospitals and nursing homes. Nursing faculty instruct, supervise and evaluate students delivering nursing care to assigned clients/residents. Additional experiences occur at physician's offices, community and home health agencies at various mental health and maternal-child health agencies.

Students will be assigned to a clinical site and shift at the beginning of each rotation. Clinical assignments may change from rotation to rotation to provide students a variety of clinical experiences. Clinical shifts vary from 6 to 10 hours in length depending on the clinical course requirement. Students may be assigned either daytime or evening shifts.

Clinical sites are located in the 5 county area including counties in southern Minnesota. Students may be assigned any clinical location and will therefore need reliable transportation.

Practical Nursing students will be expected to obtain patient assignments the day before scheduled clinical days. Students need to allow time in their schedule for obtaining their patient assignment which includes going to the assigned facility, gathering and researching patient's health information.

Associate Degree Nursing students will obtain patient assignment the day of clinical.

HEALTH AND WELFARE OF STUDENTS

1. A physical exam is required at the beginning of the program. A new physical exam will be required every three years. Completed physical and immunization forms will be submitted at an assigned time prior to clinical. If the forms are not complete the student may not return to class and attend clinical experiences until all data is completed.
 - a. TB Testing: A Mantoux within the last six months prior to entry is required. If not, the student will be responsible for obtaining the Mantoux test. Mantoux testing is required annually. Individuals with a positive Mantoux test must submit a health care provider's evaluation of their TB status and a statement approving them for client contact before attending clinical/practicum experiences. This evaluation with a doctor's statement must be repeated yearly. TB testing will be waived per doctor's statement if pregnant or breast feeding. Documentation of test results will be required following pregnancy or breast feeding.
 - b. Required Immunizations
 - 1) MMR
 - a) Measles (Rubeola): A student receiving measles injections after January 1, 1957, must have two injections with live measles vaccine at least one month apart with the second dose after the age of 15 months.
 - b) Mumps: If less than 65 years of age, a student must provide documentation of two MMRs or the date and results of a mumps titer. If the titer indicated non-immunity, documentation of two MMRs given one month apart must be submitted.
 - c) Rubella: A student born on or after January 1, 1957, must have received one injection of Rubella vaccine or have a positive Rubella titer. If born before January 1, 1957, a student must provide proof of positive immunity with a documented titer.
 - 2) Influenza
 - a) Students must show documentation of influenza vaccine after October 1st. Student must show proof on a yearly basis.

- b) If the student receives the vaccine, they will do so through their private health care provider. The college will not be responsible for the cost of the vaccine.
- c. Recommended Immunizations
 - 1) Tetanus/Diphtheria/Pertusis: A student must show proof of a Td or Tdap immunization within the last ten years.
 - 2) Chicken Pox (Varicella): A student must provide verification of having had the disease or having received the vaccination.
 - 3) Hepatitis B
 - a) It is recommended that students receive the Hepatitis B vaccine. Students should discuss the need for the Hepatitis B vaccine with their health care provider and then decide whether or not they should receive the vaccine. Iowa Lakes Community College and the Nursing Program encourage nursing students to receive the Hepatitis B vaccine for their own protection.
 - b) If the student receives the vaccine, they will do so through their private health care provider. The college will not be responsible for the cost of the vaccine.
 - 4) Meningitis
 - a) It is recommended that students receive the Meningitis vaccine. Information regarding the vaccine can be found in the Iowa Lakes Community College Student Handbook and Planner. All nursing students must receive Meningitis information, and indicate that the information was made available to them. After having read this information, the student should discuss the vaccination with their health care provider and then decide whether or not they will receive the Meningitis vaccine. Iowa Lakes Community College and the Nursing Program encourage nursing students to receive the Meningitis vaccine for their own protection, however the vaccine is not required.
 - b) If the student receives the vaccine, they will do so through their private health care provider. The college will not be responsible for the cost of the vaccine.
- 2. The Iowa Department of Health guidelines will be followed relating to issues of communicable disease. Participation in clinical experiences may be restricted in compliance with these guidelines.
- 3. It is the student's responsibility to inform PN or ADN Coordinator and individual clinical instructor regarding any limitations/conditions, for example, back problems or pregnancy restrictions. The student must sign a "Waiver of Liability" which describes prescribed limitations while engaging in the classroom and/or clinical activities. If a student's health condition does not meet the Iowa Core Performance Standards (refer to pages 6-7), the Nursing Program reserves the right to restrict participation in clinical experiences.
- 4. During the program, each student is responsible for his or her own physical well-being. Iowa Lakes Community College does not purchase or carry health and/or accident insurance on students. Iowa Lakes Community College nor its employees or representatives will be responsible for medical bills if/when they advise a student to seek medical attention for an illness or injury. Information on purchasing a health and/or accident insurance policy from a private vendor is available in the Campus Business Office.
- 5. In the event of any accident or exposure to blood or body fluids in the clinical setting, the students are covered under the Iowa Lakes Community College Workers' Compensation program. The student will follow the institution's protocol for care of the accident or injury and the institution/college policy regarding appropriate documentation.

6. Iowa Lakes Community College does not carry insurance to cover the theft of student's personal property. Therefore, neither Iowa Lakes Community College nor its employees or representatives will be responsible for the loss of student personal property by theft, fire, or any other means. Students are encouraged to obtain insurance for their personal property from their private insurance agency.
7. It is recommended that the student work only limited hours prior to the scheduled classroom hours. A student may not work within eight hours prior to a scheduled clinical shift. It is also recommended that students avoid scheduling additional courses that conflict with classroom/clinical preparation. Rationale: A student who does not have adequate rest or preparation prior to clinical may jeopardize client safety, as well as college relations with the clinical facilities.
8. Iowa Lakes Community College is considered a 'government' building and will comply with the new state of Iowa law concerning tobacco use effective July 1, 2008, for all college property including the parking lots and grounds. For more information call 888-944-2247 or visit www.IowaSmokefreeAir.gov. NO SMOKING Pursuant to the Iowa Smokefree Air Act. Smoking is also not permitted during any clinical experience.

SUPPLEMENTAL INFORMATION

1. Any student having a name, residence, telephone number, or e-mail change after initial application, must notify the business office, records office, and Director of Nursing Education and Health Careers to ensure accuracy of personal records.
2. Books and supplies
 - a. Textbooks will be purchased upon entering the program. Used books may be purchased, but a student must be sure he/she is purchasing the current edition being used.
3. Other services
 - a. Information regarding housing, financial aid, and career counseling may be obtained from the Admissions Office. A college dormitory is available for housing on Emmetsburg, Estherville, and Spencer campuses. Rooms and apartments are available within the local communities.
4. Malpractice insurance is purchased for the students by Iowa Lakes Community College.
5. Students must appear neat and well groomed at all times. Normal street attire may be worn during classroom hours.
6. The following items will be necessary for clinical/practicum experiences
 - a. Student uniform: Complete uniform includes student royal blue uniform scrub/tunic top with Iowa Lakes' student nursing logo on right sleeve, white uniform pants (without elasticized or sleeve type legs), trousers, or skirt. The uniform skirt must be knee length. White shoes and white hose or plain non-decorated white socks are to be worn. Shoes must have at least a strap on the back. The shoes must not have any large air vents.
 - b. Watch: Must have second hand or readout for seconds.
 - c. Name pin: Ordered after entry into the program.
 - d. Stethoscope