

CISD TRAINING

Instructor:

Patricia L. Wilson, Clinical Social Worker, Clinical Psychology, Mercy Health, Mason City, IA

Pat has received training certification by the International Critical Incident Stress Foundation as a CISD Management provider. She is also licensed as an independent social worker and a substance abuse professional. Pat has been doing CISD Training since 1982 and traveled with the Iowa CISD Team to assist with debriefings in New York following the 9/11 incident. She's had extensive experience in the field of Human Relations. A broad range of experience in the mental health field with varied age and ethnic groups prepare Pat to be an exceptional trainer. She's received recognition from Iowa and the Iowa National Guard for her work as a Clinical Director for the Enduring Families Program for NG families involved in current conflicts.

CREDITS:

IBON #19 – 1.4 CEUs
EMS #3 – 14.0 CEHs-OE
14.0 Hours

Iowa Lakes Community College
Allied Health
3200 College Drive
Emmetsburg, IA 50536

PREREGISTER BY OCTOBER 7, 2009
800-252-5664 or 712-362-7231



Critical Incident Stress Debriefing: Basic Group Training

THURS/FRI, OCT 15 & 16, 2009

Iowa Lakes Community College
Allied Health Building – Room 4107
3200 College Dr, Emmetsburg, IA

CRITICAL INCIDENT STRESS DEBRIEFING GROUP TRAINING



INTENDED AUDIENCE

- Mental Health Professionals
- Clergy
- EMS
- Fire
- Law Enforcement
- Nursing
- Dispatchers
- Disaster Preparedness
- Military
- Business and Industry Crisis Intervention

PURPOSE AND GOALS

Group Intervention Training is designed to present a comprehensive crisis intervention curriculum. The two-day course prepares participants to understand a wide range of crisis intervention services. Fundamentals of CISM (Critical Incident Stress Management) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing and the CISD. The need for appropriate services and referrals when necessary will also be discussed. This course is designed specifically for the intended audience listed.

CLASS DETAILS - CISD

DATE: Thurs & Fri, Oct 15 & 16, 2009

TIME: 8 a.m. – 4:00 p.m. (lunch on own)

COURSE: #25829 **TUITION:** \$108

SITE: Iowa Lakes Community College

Allied Health Bldg (west of main campus), # 4107

3200 College Drive, Emmetsburg, Iowa

OBJECTIVES

At the end of this course, the student should be able to:

1. Explain nature of stress as it relates to critical incident for clients as well as caregivers
2. Describe basic interventions for CISM
3. Emphasize difference between counseling and crisis intervention
4. List common signs/symptoms of acute, delayed/cumulative stress, state purpose of CISD
5. Discuss normal stress verses CIS
6. List elements of CISD
7. Describe organizational structure of CISM team and rational for structure

**PREREGISTRATION IS
MANDATORY BY OCT 7**

**CALL: 800-252-5664 or
712-362-7231 or register by internet
https://www.iowalakes.edu/ContinuingEd/online_apply.htm**

**Course #25829 - Class has a
minimum & maximum size so
register early.**