

## Health Self-Studies

It's EASY...Call 800-242-5108, Ext, 5242 to preregister. We'll send the booklet to our nearest Iowa Lakes Center for you to pick up or mail it to you for an extra charge. Within 3 weeks, mail or fax (712-852-5324) the answer sheet and evaluation. We'll check it, and if you pass with 80% or more, we'll send you a Certificate. **All are subject to price and/or credit changes per our supplier. Confirm price before ordering.** Self studies must be paid for when ordering. *\*All self studies are not in stock so there may be a delay of a few days. Be sure to order ahead.*

SELF STUDY TOPIC	CREDIT	COST
Child Abuse for Mandatory Reporters	0.24 CEUs-Nrsg, 2.4 CEHs-SW/NHA	\$27
Child/Dep Adult Abuse for Mandatory Reporters	0.24 CEUs-Nrsg, 2.4 CEHs-SW/NHA	\$27
Dep Adult Abuse for Mandatory Reporters	0.24 CEUs-Nrsg, 2.4 CEHs-SW/NHA/others	\$27
EKGs Made Easy	0.4 CEUs-Nrsg	\$70
Heart Sounds & the Healthcare Professional	2.0 CEUs-Nrsg, 16 Contact Hrs-CNA	\$145
Quick Facts for the ER Nurse	0.4 CEUs-Nrsg, 3.5 Contact Hrs-CNA	\$70
Diabetes Mellitus: Guide for Healthcare Pro	2.4 CEUs-Nrsg, 24 CEHs-SW, 6.5 CEHs-NHA	\$155
Complications of Diabetes Mellitus	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
Ethical Principals in Nursing	0.3 CEUs-Nrsg	\$35
Social Work Ethics	3.0 CEHs-SW	\$35
About Child Abuse (Doesn't meet mandatory reporting requirements)	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
Autoimmune Disorder	0.5 CEUs-Nrsg, 5.0 CEHs-SW, 1.4 CEHs-NHA	\$60
Basic First Aid	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
Blood Borne Pathogens	2.0 CEHs-SW	\$35
Caring for Patient with Fibromyalgia Syndrome	0.5 CEUs-Nrsg, 5.0 CEHs-SW, 1.4 CEHs-NHA	\$60
Cultural Competence/Age Specific Considerations/Health Care	0.2 CEHs-Nrsg, 2.0 CEHs-SW	\$35
Headache in Adults and Children	0.4 CEUs-Nrsg, 4.0 CEHs-SW, 1.0 CEHs-NHA	\$55
Multiple Sclerosis: Model of Psychosocial Support	0.35 CEUs-Nrsg, 3.5 CEHs-SW, 1.0 CEHs-NHA	\$50
Multiple Sclerosis: Nursing Perspective	0.5 CEUs-Nrsg, 1.4 CEHs-NHA	\$60
Overcoming Metabolic Syndrome	1.02 CEUs-Nrsg, 8.5 Contact Hrs- ARNP	\$130
Nursing Documentation	0.2 CEUs-Nrsg	\$25
Recognizing/Responding to Terrorism	0.6 CEUs-Nrsg, 6.0 CEHs-SW, 1.4 CEHs-NHA	\$60
Expert Physical Exam	1.5 CEUs-Nrsg	\$155
CCDI Training	0.7 CEUs-Nrsg, 7.0 CEHs-SW, 2.0 CEHs-NHA	\$75
Drugs and the Elderly	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$60
Identifying Elder Abuse/ Neglect (Does not meet mandatory reporting requirements)	0.2 CEUs-Nrsg, 2.0 CEHs-SW	\$30
Managing Urinary Incontinence in Elderly	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
Nutrition/Hydration in Elderly Patient	0.3 CEUs-Nrsg	\$35

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Scott's Story: When a Child Dies	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
End of Life Care and Pain Management	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
Understanding/Supporting Grieving Children	0.2 CEUs-Nrsg, 2.0 CEHs-SW	\$30
Infection Control	0.2 CEUs-Nrsg, 2.0 CEHs-SW	\$25
Science Fiction or Reality? Pharmacogenomics	0.2 CEUs-Nrsg, 2.0 CEHs-SW	\$25
Issues in Healthcare: Stem Cell Research	0.3 CEUs-Nrsg, 3.0 CEHs-SW	\$35
Nurse's Guide to Legal Issues	2.4 CEUs-Nrsg, 8.0 CEHs-NHA , 20 Hrs-Dpt Hd	\$175
Supervising in Today's Healthcare Organizations	0.8 CEUs-Nrsg, 8.0 CEHs-SW, 2.2 CEHs-NHA	\$85
Dealing with Difficult People	0.2 CEUs-Nrsg, 2.0 CEHs-SW	\$25
Autism Spectrum Disorders	0.25 CEUs-Nrsg, 2.5 CEHs-SW	\$35
Depression in Children/Adolescents	0.35 CEUs-Nrsg, 3.5 CEHs-SW	\$40
Domestic Violence	0.35 CEUs-Nrsg, 3.5 CEHs-SW, 1.0 CEHs-NHA	\$40
Overcoming Prescription Drug Addiction	1.5 CEUs-Nrsg, 15.0 CEHs-SW, 12.5 Hrs-ARNP	\$110
Caring for Stroke Patient	0.5 CEUs-Nrsg, 5.0 CEHs-SW, 1.4 CEHs-NHA	\$60
Understanding Parkinson's Disease	0.35 CEUs-Nrsg, 3.5 CEHs-SW	\$40
Constipation & Encopresis: Hard Truth	0.24 CEUs-Nrsg, 2.4 CEHs-SW, 2.0 Hrs-ARNP	\$40
Urologic and Kidney Diseases	0.5 CEUs-Nrsg, 5.0 CEHs-SW, 1.4 CEHs-NHA	\$60
Breath Sounds and the Health Care Professional	2.0 CEUs-Nrsg, 16.0 Contact Hrs-CNA	\$145
Pneumonia	0.2 CEUs-Nrsg, 2.0 CEHs-SW	\$25
Understanding Asthma	0.5 CEUs-Nrsg, 5.0 CEHs-SW, 1.4 CEHs-NHA	\$60
Wound Care and the Healthcare Professional	2.5 CEUs-Nrsg, 20.5 Contact Hrs-CNA	\$165
Quick Facts for ER Nurse	0.4 CEUs-Nrsg, 3.5 Contact Hrs-CNA	\$70

### Nurses & Dieticians:

Call for topics on diet and food courses.

## 23rd Annual University of Okoboji EMS Conference

Sat & Sun, Sept. 26 & 27, 2009 • Spirit Lake • Dickinson Co. Expo

## 18th Annual Iowa Lakes Regional Fire School & EMS Conference

Sat & Sun, April 10 & 11, 2010 • Iowa Lakes Emmetsburg Campus